



PASTOR'S PEACE

October's bright blue weather...again at John's River Valley! We have nearly come to expect it these past few trips there. This time 21 folks gathered in the valley for a weekend of great food, fun, fellowship, hiking, games and some well-earned rest. And, oh yes, the John's River Bowl football game.

The football game took on a new twist this year. A scrimmage marker was used as well as first down markers. All kick-offs were "place-kicked" rather than "punted" or thrown. First downs were 10 yards – pass or run. And another new twist, or smoothie, this year: no injuries! (Though James did bring one along sustained previously in the yard at home).

Another first: Every single one of us made the hike on Saturday morning! The hike became very interesting. The Bear Cave is about a 1.75 mile hike one way and uphill...both ways.

It started out normal enough. We gathered in front of the dining hall, and I gave a few instructions. John, Patrick and Connor would lead, I would bring up the rear. Down Niley Cook Road we walked toward the Globe Road. As usual, the kids were scrambling here and there searching for just the right walking stick. I found one just as we turned off the paved road and started up the mountain.

Up and up we hiked. Having departed camp at 10:10, by the time we were well past the Big Falls at 11:30 even I was starting to join the choruses of "how

much farther?" and "are you sure we're still on the trail?" We began to doubt.

"If we turned around now," someone said, "we could still make it back to camp by lunch time." Lunch was to be served at 12:30.

Would we be the first to set out for the Bear Cave and never make it? "Oh, no," Patrick said, "I'd never live that down." He was right...and neither would we.

So we pressed on...and up. Though narrow passages of uncertainty and doubt. Across slippery stones that begged us to join them and play in the water. One by one and all together, we plodded ahead.

Then came the excited shout from the front, "We're there!" and I knew our focus, courage and perseverance had paid off. Carefully placed feet and helping hands had moved us up the mountain...together...all of us. Those who were strangers just yesterday were now a part of our common experience.

On the larger more mythical journey of our life together as church, where do you find yourself? Are you showing up for the hike? Are you giving up? Are you turning around?

There is no judgment about any of these actions. But it is very important that you know where you are and are aware of what you are doing. Spend time in prayer and meditation about your own journey of faith. How does that relate to the larger whole? Maybe that too is a "first" in terms of how we think about church.

And one more first...nary a man won a single game of "Hand and Foot."

Peace,
Nathan



BIBLE STUDY

Topics and discussion are always interesting and engaging for this study, now in its 5th semester. For the fall semester, we are following the Sunday worship scriptures (which follow the Revised Common Lectionary). Each Monday



evening (we do not meet the first Monday of the month) the previous Sunday's sermon is reviewed and the upcoming Sunday's scriptures are explored pretty deeply.

Interesting questions always arise and we are all learners.

For the lifetime student of scripture and for the newcomer, this study deals with the hard questions. We learn from each other.

Meetings are in the Fellowship Hall.

Schedule for fall: November 13 and 20. 6:30 – 7:30pm. **Scriptures for Worship, November 5** (All Saints Day observed): Wisdom of Solomon 3:1-9; Psalm 24; Revelation 21: 1-6a; John 11:32-44.

Scripture can also be found at:

www.ucc.org/worship/samuel/.

YOGA



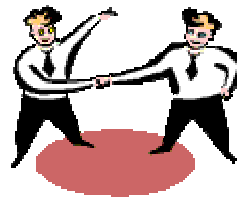
Trinity UCC is proud to offer Hatha Yoga classes. They are held Tuesday and Thursday mornings at 9am and on Tuesday evenings at 6pm. There will be a per-class fee.

Contact instructors Robert & Priscilla Ritchie at (704) 782-

2936 for more information

New Member Sundays

WELCOME!!!



Trinity will be open to receive new members on Sunday November 5th. And December 3rd. Let Pastor King know if you want more information

about how to become a member of Trinity United Church of Christ.

First Sunday Fellowship



October's "First Sunday Fellowship" will be held **November 5th, 2006.**

Invite a friend to church and plan to stay for the fellowship.

T'ai Chi Class

By teacher Gerald Moose

Photo by Nathan King

The advanced class of 7 students now nears the completion of the entire Yang style short form!



A new beginner class has begun. Teacher Gerald Moose is also available for personal instruction on Thursday afternoon at 6pm at Little Feather on Union Street.

Free Introductory Classes are available the first Saturday of each month –November 4th and December 2nd The introductory class is at 8am every first Saturday at Trinity UCC in the Fellowship Hall. Contact Teacher Moose for more information at 704-463-1535.

CHURCHMEN'S FELLOWSHIP

The Trinity Churchmen's Fellowship will not meet in November. We will meet again on **December 3rd at 8:00 a.m.** for breakfast, fellowship and some important business.

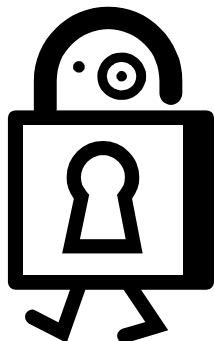


One important item of business is the **Annual Christmas Breakfast** which will be Sunday, **December 17 at 8:00 a.m.** in the fellowship hall. This delicious breakfast includes biscuits, eggs, country ham, rice, grits and other tasty treats. ALL Trinity folks and friends are invited. The costs are \$5 for adults, \$3 for ages 11 and under. Tickets will be on sale in November. Contact **Lewis Eddings** or **Ray Monks** for purchase. We strongly encourage **advance ticket purchases** so the food can be ordered accordingly. Purchase tickets by December 10th.

Time for a Break

The usual Churchmen's Fellowship meat smoking fundraiser for Thanksgiving and Christmas will not be conducted this year. Thanks for your support in all the years past. May God bless your holiday gatherings at Thanksgiving and Christmas.

Remember to set the security system before you leave the building. Thanks.



Women's Healing Rhythm Circle

Women are invited to join in celebrating the Divine Feminine through West African rhythms and movement meditation. This spiritual exercise is led by Caren Knox-Hundley, a drummer and healer who has been fully trained in traditional rhythms and Reiki healing.

Drums and percussion instruments will be

provided. All that is needed is a



willingness to participate and a desire for healing.

Women and girls of all ages are encouraged to attend. The

classes are will be held on the first and third Sunday evenings from 6:30pm until 8:30pm in the fellowship hall at church.

The intention of the circle is to help heal the fragmentation of the spirit and bring wholeness and empowerment to each woman as she emerges into her true self and heals her relationship with her body through playing traditional rhythms, dance and free movement.

CHRISTMAS SHOPPING?

Still Speaking Items are on sale:

- Red Comma lapel pins \$3
- Bumper stickers \$1
- Writing pens \$1
- Coffee mugs \$6

See pastor King for these items. They are a great way to advertise our church!

Shirts and other items are available at www.stillspeaking.org.

Bible Study Concludes the Fall Study November 20th.

A very productive season of study and discussion, this fall's bible study has followed the Sunday's lectionary scriptures. Rev. King thanks all who have attended.

The study begins again on January 15 and runs through March 29. For this study we plan to use an Old Testament video series authored by Dr. James Tabor, chair, Department of Religious Studies at UNC – Charlotte.

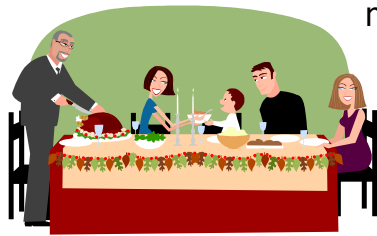
Spiritual Cinema Circle Discusses “An Inconvenient Truth”

After viewing “The Secret” this past month, Trinity's Spiritual Cinema Circle (Wednesday evenings at 6pm) will be viewing and discussing “An Inconvenient Truth” a documentary narrated by former Vice-President Al Gore. The film illuminates challenges presented by global climate change. We will begin viewing the film on Wednesday, November 8th.

FAMILY PROMISE

Family Promise is holding a general meeting Monday, November 6th at 7pm at Centerview Baptist Church. This meeting will include critical information about the future of Family Promise of Cabarrus County.

Trinity needs to be well represented to hear about what our church needs to do in the upcoming months before the program can open.



Little Feather – Art, Gifts, Jewelry & Other Treasures



In addition to jewelry, handmade soaps, and art by local artists, **Little Feather**, 42 Union Street South, Concord also has a great selection of women's clothing. Most of the clothing is handmade locally.

The art includes beautiful pottery locally thrown. Jeanne's own art features distinctive “pit fired” pieces, born from a very labor-intensive process detailed in each piece.

Little Feather also stocks a great selection of music for meditation, instruments, incense and **BOOKS!**

See Jeanne Murdock for details or call 704-786-5005. Even better, **visit the store at 42 Union Street South** and go shopping!

Pictorial Directories are HERE!!

A free directory is provided first to each family photographed - one per family. Other directories are available to families not photographed. Pick up your family's directory this Sunday.

November's Acolyte: Cameron Monks

Writing the Sacred

Canadian Author at Trinity UCC Nov. 9th

Ray McGinnis Shows the Psalms to be a Living, Poetic Language Vital for Helping you Reclaim your Soul's Voice



If you want to write, even if you have never put pen to paper but were curious to try, *Writing the Sacred*, a Psalm-writing and poem-making workshop may be just the thing you've been looking for. Veteran workshop leader, Ray McGinnis, has a knack for

drawing bursts of imagination out of people who might not know they had it in them.

McGinnis, a journal writer, poet and psalm enthusiast has taught over 5000 people how to write poetry, prayers, diaries and autobiographies, guiding them to bring their whole heart, mind and spirit to the process. Having travelled to seven states in the USA and across Canada, this is his first workshop trip to North Carolina.

According to Mr. McGinnis "written by the Hebrews, the Psalms are raw emotive, even uncivil. But they can also serve as a catalyst for helping us express emotions and ideas that may have lain dormant. Many of the poetic elements present in the Psalms reveal the timeless human longing to articulate and honour our soulfulness. They stir within us our longing for an encounter with the Holy through the aliveness of language.

McGinnis believes "everyone is creative, original and has something important to express." In his workshops he assists people in accessing those places of creativity. Participants come from a diverse range of spiritual backgrounds, writer's groups and library

associations "and just the curious," McGinnis says.

Rev. Linda Campbell of St. John's Episcopal Church in Marin County, California, commented on her recent experience, "This was THE most spiritually honest, open-hearted and accessible event I think I have ever attended." John Fox, poet and author of *Poetic Medicine: The Healing Art of Poem-making* who founded the California Poets in the Schools Program comments, "Writing the Sacred is rich with insight, power and meaning. (It) acts as a...creative catalyst to help you reclaim your soul's voice."

McGinnis serves on the Advisory Board of the Poetic Medicine Institute in Mountain View, California. *Writing the Sacred* is his first book, published in Canada by Northstone and distributed in the USA through The Pilgrim Press. His work includes teaching journal writing workshops in health-care settings.

Trinity United Church of Christ hosts a *Writing the Sacred* workshop on **Thursday, November 9**, from **6:30-9:30pm**. A shared meal begins at 6:30pm. The address is 38 Church Street NE, Concord, NC. To register, phone Nathan King at 704-224-1653. Cost for registration is \$15 per person and includes the meal.

McGinnis also offers a *Write Way to Wellness* workshop. In this workshop he promotes and encourages journal writing showing the versatility of this medium to help us listen and access the wisdom of our body, heart and mind as a primary resource for facing life's challenges. McGinnis skilfully provides participants with step-by-step exercises that are both practical and profound which offer a way to be present to our own wellness and inner journeys at every stage of life.

McGinnis is a graduate of the Center for Journal Therapy in Denver, the Centre for Christian Studies in Winnipeg, Manitoba, and the Banff Centre for Fine Arts *Writing with Style* program in Banff, Alberta. Living Vancouver, Canada, his web site is www.writetotheheart.com.

Calling All Readers!!!

EVERYone reads. Right? That means EVERYONE has books they would like to share with others.

Right? Look no further! Trinity's book exchange

is in full swing. Just stop by the box in the Fellowship hall... it's labeled **"BOOK EXCHANGE."**

Take a book, leave a book. The books are *exchanged*. That is, the books are given away to each other without charge and without return.



God is still speaking -- and the Southern Conference is listening."

CONFERENCE MINISTER: Rev. Stephen W. Camp

PHYSICAL ADDRESS: 216 South Antioch Avenue, Elon, NC 27244

MAILING ADDRESS: PO BOX 215, Elon, NC 27244-0216

TELEPHONE/VOICEMAIL: 336-222-8771
FAX: 336-222-8773

EMAIL: SOCNEWS@soc-ucc.org

WEBSITE: <http://www.soc-ucc.org>

Make a Note of It...

Lib Talbert's new address is:

First Assembly Living Center

160 Warren Coleman Blvd.

Concord, NC 28027

Currently, Mrs. Talbert is in room 220.

IN MEMORIAM

It is Rose Edward's desire to purchase a funeral pall in memory of Bernie Edwards. This pall is placed on the casket upon entering the foyer of the church by 4 ladies that have been trained in the application of the pall. Upon completion of the funeral service, the pall is removed in the foyer in the same manner per these ladies. This is a very impressive addition to the service. It is used only at the request of the family. We will need at least 6 ladies to help. The application is done with 4 ladies but we will need at least 2 alternates. Each lady would need to purchase her own pair of white gloves. If you feel that this could be a ministry that you would like to participate in please call Judy Barnhardt at home -- 704-786-5336. Cell # 980-521-0523.



MUSIC NOTES

ALL SAINTS'

On Sunday, November 5, we will observe our All Saints service, in which we remember those who have gone before us and contributed much to the life of our families and of our church. Prepare your voices to sing the rousing "For All the Saints," traditionally sung this day. Prepare your hearts to publicly honor those who are here in spirit.

REIGN OF CHRIST

Our Reign of Christ celebration is Sunday, November 26. Again, the chancel choir will sing a "big" anthem. The bell choir should make an appearance that day, too.

BELL CHOIR



Welcome, new members of Trinity's handbell ensemble. We are delighted to have high schoolers Mattie McLiverty and Tyler Williams join our choir. Cyndi Rummage and Carol Williams are also new to our choir, but not

new to ringing, and we welcome them. When we're all on the same page, we're doing great!

Trinity Volunteer Office Staff:

Office Assistant.....Kathy Rummage
Worship Bulletins.....Mark Johnson & Floryne Misenheimer

Crossroads Newsletter:
Julianna Willis.....Editor
Juanita Hathcock.....Collating, Mailing
Pam King.....Copy Editor

THANKS!!

A PILGRIM THANKSGIVING



We at Trinity will celebrate a Pilgrim Thanksgiving on Sunday, November 23. Using traditional elements found in the churches of seventeenth- and eighteenth-century Plymouth and Boston, Massachusetts, we will worship much the way the early colonists did. For example, the hymns will be "lined out," and the choir will sing without accompaniment. The sermon, however, won't last over two hours, thus we shouldn't need the "tything man", whose job it was to use a long pole to awaken those in the pews who had fallen asleep (!)

Try MORDECAI'S

MORDECAI'S *Personally catered fine dining* serves exquisite meals in your home for 2-12 people. Once the meal is scheduled and the menu set, all you have to do is relax. From setting up to washing the dishes, MORDECAI'S does the rest. Call Mark or Pam for more information on letting MORDECAI'S *Personally catered fine dining* make your next event really special!

Pam: 704-933-9018; Mark 704-795-1523

J.R.V.C 2006

It was another great year for the Trinity Family Retreat at John's River Valley Camp this year. The retreat was October 22-24.

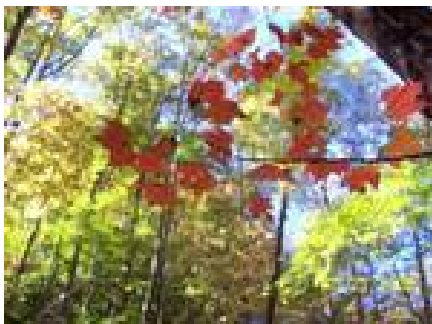


Enjoy a few of the moments captured on film.

As you might imagine, the leaves, trees, sky – essentially all of nature – was in full autumn splendor.

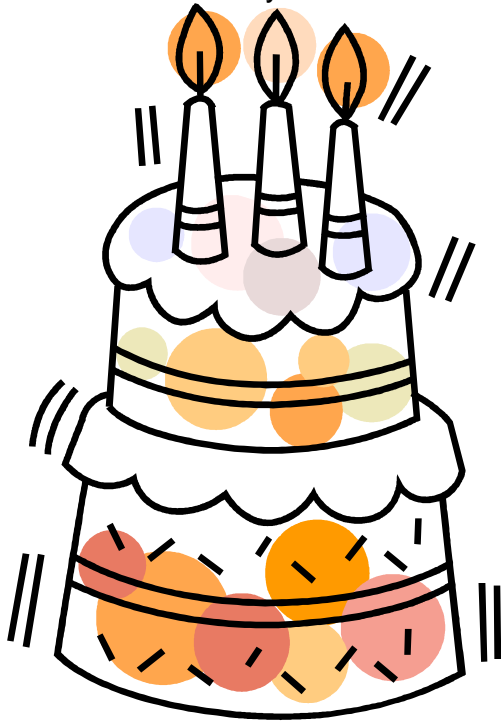


We made new friends, played hard and ate well too!



Imagine next year's retreat as "set in stone" on your family's schedule now.

November Birthdays & Anniversaires



| | |
|----|---------------------------------|
| 5 | Hazel Morris |
| 7 | L.W. Earnhardt |
| 9 | Madalyn Howard |
| 10 | George Smith III |
| 14 | Wayne & Cathey Bridges |
| 15 | Nellie Suther |
| 16 | Graham Puckett |
| 17 | James Barrier Teresa Puckett |
| 18 | Ellen Cathcart |
| 21 | Cameron Monks Ira Osipichik |
| 22 | Brian Etherton |
| 27 | Annabelle Woodward |



Trinity Reformed UCC

Mission Statement

Who we are...

Trinity Reformed United Church of Christ is an open, loving, growing church committed to welcoming persons of all ages, races, life status, and beliefs, engaging all in worshipping God, and in serving others while seeking to know God's will.

Our mission is...

To honor God and celebrate the intrinsic worth of each person as created in God's image.

We seek to accomplish this by...

- Engaging members and newcomers in a regular practice of developing spirituality, including private prayer, Sunday worship,
- Proclaiming the Word of God by offering worship experiences engaging worshipers in visual arts, contemporary music, creative movement, drama, mime and clowning, while continuing a strong ministry through a variety of music and preaching of the Word
- Developing a welcoming attitude toward persons who are different and learning to honor these differences as a path to Christian spiritual growth
- Being intentional in inviting others to engage with Trinity Reformed UCC in membership and ministry and publicizing our church's ministry opportunities
- Exploring and discovering our individual gifts for ministry
- Helping others outside our own faith community, careful planning for generous missions support, and making connections through service to others, fellowship in a group and financial stewardship
- Providing opportunities for lay leadership development in the areas of church school leader, worship leadership, consistory service, youth & children's ministries, pastoral visitation, evangelism and spirituality

Trinity Reformed
UNITED CHURCH
O F C H R I S T

38 Church St. NE
Concord, NC 28025-4756
www.trinityuccconcord.org
www.stillspeaking.com



RETURN SERVICE REQUESTED

REMEMBER TRINITY UCC IN YOUR WILL AND TRUST

Crossroads November 2006

November 2006

“Never place a period where God has placed a comma” —Gracie Allen

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God
is
still
speaking,

Crossroads – Trinity

REMEMBER

Writing the Sacred
workshop with author
Ray McGinnis

Thursday, Nov. 9
6:30pm – 9:30pm

Pre-Register to Nathan at 704-224-1653

Cost is \$15.00 payable at the door